



## GENERAL

### ***What is Over the Edge with Friends?***

Over the Edge is a signature fundraising event that sends participants rappelling down the side of the One Eastover Center building at The District at Eastover in Jackson, Mississippi. Not only is it a once-in-a-lifetime experience, but also raises money for a great cause – Friends of Children's Hospital.

### ***When is the event?***

Saturday, April 25, 2020  
8:00 a.m. to 5:00 p.m.

### ***Where is the event?***

One Eastover Center  
The District at Eastover  
Jackson, MS 39201

### ***How does it work?***

The event is limited to 80 rappel spots. To go Over the Edge, individual participants must raise a minimum of \$1,000. The majority of fundraising is managed online through our donation portal. Click "RESERVATION" on the Over the Edge with Friends home page to create your personal fundraising page on First Giving.

### ***Is there a reservation fee?***

Yes, all participants must pay a \$25 nonrefundable reservation fee to begin the fundraising process. This reservation fee counts toward your \$1,000 fundraising goal.

### ***Who can go Over the Edge?***

Anyone who has met their \$1,000 fundraising goal and weighs between 100 and 300 pounds is eligible to participate. For those under the age of 18, a legal guardian must sign a waiver to be eligible. We can accommodate many special needs. However, we will need to know the details of the needs to properly prepare. Please contact us at [edgers@overtheedgewithfriends.com](mailto:edgers@overtheedgewithfriends.com) to plan your special needs rappel.

### ***How do I sign up to go Over the Edge?***

Click "RESERVATION" on the Over the Edge with Friends home page to create your personal fundraising page on First Giving. You will receive a confirmation email from First Giving once you have reserved your spot to go Over the Edge.

### ***Who should I contact for more information?***

Please email questions to [edgers@overtheedgewithfriends.com](mailto:edgers@overtheedgewithfriends.com). Please include your name, phone number and email address.

## EDGERS

### ***What should an Edger wear?***

Sneakers, light hikers, climbing shoes or footwear with a soft, light-colored sole are recommended. No slippers, sandals, slip-on shoes, high heels, or steel-toe boots are allowed. Wear long pants and a long sleeve shirt. Athletic pants, tights and jeans are suitable. The harness goes around your legs, waist and shoulders, so it is best to avoid anything too bulky. Long hair must be tied back. Glasses will need to be secured with an eyewear retainer to keep them from falling. You will be given a pair of gloves and a helmet to wear while you rappel.

### ***Are costumes allowed?***

Many people choose to wear costumes for their rappel. All costumes will need to meet the same standards as listed above. Over the Edge with Friends reserves the right to approve or reject any costumes that do not meet the safety standards. If you have any questions about your costume, please email pictures of your costume prior to the event.

### ***Can I bring my camera and phone?***

For everyone's safety, we do not want any objects dropped over the side of the building. Therefore, you are not allowed to bring your phones or cameras to the roof. Family and friends are encouraged to take pictures from the landing zone area. Edgers may bring their own Go Pro cameras and headmounts to be mounted on the helmets. Go Pros or headmounts will not be made available by Over the Edge.

### ***Can friends and family watch me as I go Over the Edge?***

Supporters are encouraged to attend the event and watch you rappel down the building from the Landing Zone. Unfortunately, friends and family will not be allowed on the rooftop, since only those with safety harnesses and anchors will be admitted.

### ***Do I need any experience?***

No prior rappelling or climbing experience is necessary. When you arrive on site, you will be given instructions on how to use the equipment.

### ***What will training be like for Edgers?***

Each Edger will be given a specific time for their arrival and rappel. When an Edger arrives on site, they will be given training and will practice rappelling a shorter distance to experience hanging in the harness and using the descender. Proper rappelling position, where to keep your feet and hands, and use of the radios that participants wear will be discussed during their training session.

### ***What can I do to practice?***

Although no practice or prior climbing experience is required, rock climbing at a local climbing gym will strengthen your forearms and allow you to hang in a harness. Although the harnesses we use are different, you will still get an idea of what muscles it takes to stay upright. The most common complaint from participants after rappelling is that their forearms got sore during the descent. Proper techniques like switching arms will make a lot of difference.

### ***How long does the event take?***

Registering, training and rappelling will take approximately 1.5 hours to complete. The actual rappel will last approximately 10 minutes depending on the individual participant.

### ***What if there's inclement weather?***

Typically, an Over the Edge event can continue to operate in rain. A weather-related delay will be initiated when heavy rain causes people to lose their vision, if lightning is observed nearby, or if heavy winds increase the risk of injury to participants.

## FUNDRAISING

### ***What happens if I do not raise at least \$1,000?***

If the minimum fundraising goal of \$1,000 is not reached by April 10, 2020, you may provide a credit card to cover the balance to secure your spot to go Over the Edge. All funds raised are tax deductible donations benefitting Friends of Children's Hospital and are nonrefundable if the minimum fundraising goal is not met. Anyone who raises at least \$500 will receive an Over the Edge with Friends t-shirt.

### ***How do I raise enough money to go Over the Edge?***

You can collect online credit/debit card donations by sending your friends and family a link to your personal fundraising page after reserving your spot to go Over the Edge.

### ***What if someone wants to write a check or donate cash?***

Checks should be made payable to Friends of Children's Hospital with Over the Edge and your name written in the memo line. Checks can be mailed to Friends of Children's Hospital, 3900 Lakeland Drive, Suite 205, Flowood, MS 39232. Please do not mail cash. If you receive a cash donation, please use a cashier's check to submit those funds. Please keep in mind these donations will take longer to process and be reflected on your personal fundraising page.

### ***How do I add offline donations to my online fundraising goal?***

Friends of Children's Hospital will add any donations they receive in your name to your online fundraising page. Please make sure that your information is included when sending your donations to Friends of Children's Hospital. Please keep in mind these donations take longer to process. Be sure to get them in early, so they are included in your fundraising goal by the Friday, April 10, 2020 deadline.

### ***Are donations tax deductible?***

Yes, all donations are tax deductible. Each donor will receive a receipt for their donation from First Giving.